

CONTENTS

Preface v

Chapter 1

The Meaning of “Technique” 1 . Two Steps to Learning Technique 1

Chapter 2

Sitting at the Piano and Leaning 4

Chapter 3

Types of Touch 6 . A Few Things to Avoid 7

Chapter 4

Curved Fingers and Flat Fingers 9 . Playing with Curved Fingers 9.
Playing with Flat Fingers 10

Chapter 5

Position of the Arms 12. Wrist Height 12 .
Turning or Tilting the Wrist 13

Chapter 6

The Thumb 16

Chapter 7

Playing Scales 17 . Playing Arpeggios 17

Chapter 8

Loud Chords 20 . Voicing a Chord 20

Chapter 9

Playing Inside the Keys 22

Chapter 10

Hand Staccato 23 . Arm Vibrato 23

Chapter 11

Action of the Fingers 26 . Fingered Repeated Notes 26.
Changing Fingers on One Key 27

Chapter 12

Articulation 28 . Legato 28

Chapter 13

The Left Hand 30. Coordination 30 .
Economy of Motion 31 . Fingering 32.

Chapter 14

Using the Pedals 34 . The Right Pedal 34 .
Syncopated Pedaling 35 . The Left Pedal 36.

Chapter 15

What's Next? 39

Suggested Further Reading 41

Notes for Teachers 43